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# 1 Are Interconnected Compartmental Models More

# 2 Effective at Predicting Decompression Sickness Risk?

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# 37 **ABSTRACT**

38 Interconnected tissue compartmental models having two, three, or four compartments, one or 39 more of which was risk-bearing, have been previously investigated for predicting the probability 40 of decompression sickness (DCS) in compressed gas diving. We extend this prior work under 41 general conditions to multiple risk-bearing compartments while providing exact risk function 42 integrals. Four biophysical models based on different inter-compartmental connections ranging 43 from uncoupled to fully coupled with bidirectional interaction were trained on a large data set to 44 reject unjustified model parameters. We also explore how coupled models (and similar 45 uncoupled models) perform for the prediction of DCS in humans when extrapolated to dives 46 outside of the training set. The most successful model assumes slower tissues influence faster 47 tissues with all compartments bearing risk and provide very good predictions for dives with 48 surface decompression using oxygen.

# 49 **KEYWORDS**

50 Decompression sickness, optimization, diving, perfusion-diffusion models, multi-exponential 51 exchange kinetics, probabilistic models, maximum likelihood.

## 53 **INTRODUCTION**

54 Decompression Sickness (DCS) is a condition which can occur in humans when there is a 55 decrease of ambient pressure and can involve a variety of symptoms ranging from minor to 56 fatal [1, 2]. Although it is generally accepted that DCS is initiated by the formation and growth 57 of inert gas bubbles in the body [3], the mechanisms of its various forms are not completely 58 understood. DCS can be encountered during diving, hyperbaric medical treatments, high altitude 59 flights, and manned spaceflight operations [4]. Despite advances in methods for limiting the risk 60 of DCS occurrence, it remains a significant challenge to operating in and exploring extreme 61 environments.

62 Haldane *et al.* [5] are commonly credited as the first to provide an effective algorithm to 63 significantly reduce DCS occurrences through a deterministic quasi-physiological mathematical 64 model. He described the body as a parallel network of independent perfusion-limited tissue 65 compartments in which the occurrence of DCS depended on the state of supersaturation in each 66 of the tissues. They computed decompression schedules with this model which were more 67 successful in comparison to previous methods at limiting DCS in compressed gas workers. In 68 fact, in an experiment involving goats, they found that the proportion of illnesses with previous 69 methodologies, based on uniform decompression schedules, was greater than with stage 70 decompression though the stage decompression exposures completed the decompression in a 71 third of the time. Yet, this approach was still not totally effective.

72 Noting the probabilistic nature of DCS in a rat model study by Berghage *et al.* [6], 73 Weathersby [7, 8] introduced a probabilistic approach that treated DCS as a probabilistic binary 74 variable where  $DCS = 1$  if  $DCS$  occurred and  $DCS = 0$  if  $DCS$  did not occur; although recent 75 methods have been developed to simultaneously predict the probability and severity of

76 decompression sickness in humans [9]. This probabilistic approach had three modules: (a) a 77 deterministic compartmental model, described by uncoupled Ordinary Differential Equations 78 (ODEs) that computed the partial pressure of nitrogen in parallel tissue compartments; (b) a 79 nonlinear function that mapped the instantaneous supersaturated nitrogen onto a probability that 80 a diver would experience DCS; and (c) a body of empirical diving data that included depth-time 81 dive profiles for many dives along with their binary DCS outcome. Modules (a) and (b) have 82 undetermined parameters whose optimal values were found from the data in module (c) using the 83 maximum likelihood approach which resulted in the best possible simulation of the empirical 84 data by that model [10]. The likelihood approach has produced a large number of statistically-85 based decompression tables in which the DCS probability was controlled to target values over a 86 wide range of dive exposures [11-26].

87 Notwithstanding the advances made during the last century in understanding fundamental 88 DCS mechanisms and methods for computing decompression schedules, many uncertainties 89 remain leading to a variety of alternative decompression procedures [27, 28] that still 90 occasionally result in DCS [29]. Indeed, Doolette reported that Haldane's tables remain desirable 91 in some cases [30]. The probabilistic models of DCS described above used parallel, perfusion-92 limited tissue compartments. The use of mono- or multi-exponential tissue kinetics was 93 investigated in a dog model by Weathersby *et al.* [31, 32] using dilute  $133$ Xe breathed for a 94 specified time interval. In fitting the radio-gas uptake and washout curves, the researchers found 95 that at least two, frequently three, and occasionally four exponentials were needed to accurately 96 fit the data. Novotny *et al.* [33] noted that a model based on parallel tissues failed to adequately 97 describe experimentally measured <sup>133</sup>Xe washout from dog calf muscle. Doolette *et al.* [34-38] 98 found that models including gas transport between tissue compartments were superior at

99 simulating experimental measurements of inert gas exchange in sheep brain and muscle when 100 compared to models with uncoupled tissue compartments.

101 The first successful probabilistic decompression model for human divers was based upon 102 a collection of uncoupled compartments [7, 11]. Later, models incorporating inter-tissue gas 103 transport were derived from a deterministic model (the Kidd-Stubbs model) incorporating inter-104 tissue gas transport [39]. The Kidd-Stubbs model combined a series of four hypothetical tissues 105 in series; with a single shared input/output to one of the distal compartments. Goldman [40] 106 included inter-tissue gas transport in probabilistic decompression modeling in which he 107 considered two or three inter-connected compartments with only the central compartment 108 contributing to DCS risk and assumed linear dynamics in order to be able to integrate the 109 equations analytically; yet, risk functions were estimated numerically. He suggested that this new 110 class of models might potentially extrapolate better to dives not included in his truncated 111 calibration data than the traditional parallel tissue models without inter-tissue perfusion.

112 In our previous works [41, 42], we extensively explored inter-tissue gas transfer models 113 and other model structures based upon experimental work in sheep for use in predicting the 114 probability of DCS in humans. Models containing coupled, perfusion-limited compartments – 115 but with a single input and output – outperformed the traditional parallel, three-compartment, 116 perfusion-limited models only for single air bounce dives. Models containing coupling with 117 perfusion as well as diffusion – again with a single input and output – outperformed the same 118 traditional parallel, three-compartment, perfusion-limited models for repetitive and multilevel air 119 dives, dives with oxygen decompression, as well as single air dives. These findings support our 120 conclusion that a combination of different uncoupled multi-compartment and single-121 compartment structures are likely needed to best describe diverse data sets.

122 The object of this paper is a detailed investigation of inter-tissue perfusion to determine if 123 there is merit to Goldman's claims. We extend Goldman's model beyond two or three 124 compartments, reduce the computational cost by replacing numerical with analytical integration, 125 evaluate several risk-bearing tissue compartments rather than only one, and calibrate our new 126 models to a larger set of dive profile data. Using linear algebra [49], we provide a general 127 solution applicable to interactions between any number of compartmental tissues with linear 128 combinations of exponential kinetics while guaranteeing a tissue matrix that remains 129 characterized by distinct negative eigenvalues. We provide a general closed-form integral of the 130 risk function that allows for fast estimation of DCS risk for numerous profiles without large 131 computational cost. Further, we consider the case of multiple compartmental contributions to 132 DCS risk; each having a different gain and a different risk threshold to account for differences 133 between tissues. We explore the prediction capabilities, model failures, and model robustness 134 when large data sets are used. We provide an efficient numerical algorithm to iterate through 135 tissue matrices characterized by distinct real negative eigenvalues and propose a numeric 136 methodology to restrict analysis to symmetric tissue matrices that may suggest physiological 137 properties. Finally, we investigate the extrapolation of inter-tissue perfusion models in 138 comparison to the well-known parallel tissue model EE1 [50, 51].

# 139 **MATERIALS AND METHODS**

# 140 **Derivation of Inter-Connected Tissue Kinetics**

141 Let the tissue partial tension vector,  $\mathbf{p} \in \mathbb{Z}^n$ , be described by the following system of linear 142 ordinary differential equations

143 
$$
\frac{d\mathbf{p}}{dt} = \mathbf{A}\mathbf{p} + \mathbf{f} \cdot p_{a,n}(t)
$$
 (1)

144 where we define  $A \in \Box^{n \times n}$  the *tissue matrix* that is assumed to have distinct negative real 145 eigenvalues; *n* is the number of well-stirred tissues,  $f \in \Box$ <sup>*n*</sup> is a vector, constant with respect to 146 time, and  $p_{a,n}(t)$  is the time varying arterial nitrogen partial pressure.

147 **In agreement with Thalmann** *et al.* [52] and Goldman [40],  $p_{a,n}$  is assumed to be equal to 148 the alveolar nitrogen partial pressure. Therefore, we can distinguish two cases, depending on the 149 breathing gas conditions

150 
$$
p_{a,n}(t) = (1 - FI_{o_2}) \cdot [p^a(t) - p_{H_2o}]
$$
 (2)

151 for constant inspired fraction and

152 
$$
p_{a,n}(t) = p^a(t) - p_{H_2O} - PI_{O_2}(t)
$$
 (3)

- 153 for constant inspired partial pressure, as reported in equations (A13) and (A14) in appendix A of 154 Goldman [40]; where  $p^a(t)$  refers to the ambient hydrostatic pressure,  $p_{H_2O}$  to the water vapor 155 partial pressure at body temperature (i.e.,  $37^{\circ}\text{C}$ ), and finally  $FI_{o_2}$  and  $PI_{O_2}$  are the fraction of 156 oxygen in the inspired gas and its partial pressure, respectively.
- 157 Throughout this derivation, we make the assumption of piecewise dive segments; thus, 158 we can write  $p^a(t)$  as an explicit function of time, so that
- 159  $p^a(t) = p_0^a + r^a t$  (4)

160 where  $p_0^a$  is the ambient hydrostatic pressure at time zero, and  $r^a$  is its rate of change with 161 respect to time *t* . Similarly, we have an expression for the alveolar nitrogen partial pressure. In 162 particular, it follows that  $p_{a,n}(t)$  may be expressed as

163  $p_{a,n}(t) = p_{a,n}(0) + r_{a,n} \cdot t$  (5)

164 where the expression of the constants  $p_{a,n}(0)$  and  $r_{a,n}$  may be easily obtained, using Eq. (2) or 165 Eq. (3). For example, in the case of constant inspired partial pressure, we get 166  $p_{a,n}(0) = (1 - FI_{O_2})(p_0^a - p_{H_2O})$ , and  $r_{a,n}(t) = r^a(1 - FI_{O_2})$ . We impose the associated initial 167 conditions, expressed as  $\mathbf{p}_0 = \mathbf{p}(0) \in \mathbb{Z}^n$  as the initial tissue nitrogen tension.

168 Let  $A = SDS^{-1}$  be the spectral decomposition of the **A** matrix, so that **S** is the matrix of 169 eigenvectors of **A** , **D** is the diagonal matrix formed with the eigenvalues of , and let pose 170  $p = S\varphi$ . Substituting into Eq. (1) we have the following system of uncoupled differential 171 equations for **φ**:

172 
$$
\frac{d\varphi}{dt} = \mathbf{D}\varphi + \mathbf{k}_1 + \mathbf{k}_2 \cdot t
$$
 (6)

173 where  $\mathbf{k}_1 = \mathbf{S}^{-1} \mathbf{f} \ p_{a,n}(0)$ , and  $\mathbf{k}_2 = \mathbf{S}^{-1} \mathbf{f} \ r_{a,n}$ , with the associated initial conditions  $\varphi_0 = \mathbf{S}^{-1} \mathbf{p}_0$ . 174 After some manipulations, we can write the general solution for  $p(t)$ , as :

175

$$
\mathbf{p}(t) = \mathbf{E}\mathbf{\mu}(t) + \xi + \boldsymbol{\tau} \cdot t,\tag{7}
$$

where  $\mathbf{E} = \mathbf{SC}$ , with 1 *n*  $\sum_{i=1}^{\infty} c_i \mathbf{c}_i \otimes \mathbf{c}_i$ *c* 177 where  $\mathbf{E} = \mathbf{SC}$ , with  $\mathbf{C} = \sum_{i=1}^{n} c_i \mathbf{e}_i \otimes \mathbf{e}_i$ , having addressed with ⊗ the tensor product applied to

178 vectors, 
$$
\mu_i(t) = e^{\lambda_i t}
$$
,  $i = 1, 2, ..., n$ ,  $\xi = S\delta$ ,  $\tau = S\epsilon$  with  $\delta_i = -\frac{k_{2i}}{\lambda_i^2} - \frac{k_{1i}}{\lambda_i}$ ,  $\varepsilon_i = -\frac{k_{2i}}{\lambda_i}$ , and with  $\lambda_i$  the

179 *i*-th eigenvalue of **A** , assumed to be distinct and strictly negative to ensure stability.

## 180 **Analytical Integration of the Risk Function**

- 181 As proposed in Goldman [40], adopting the formulation proposed by Thalmann *et al.* [52], we
- 182 can write the *i-*th component of the risk function, **ρ**, as

183 
$$
\rho_i = \frac{p_i(t) - \left[p^a(t) + b_i\right]}{p^a(t)}
$$
(8)

184 where  $b_i$  is constant with respect to time and represents the pressure threshold of the *i*-th tissue 185 compartment and  $p_i(t)$  is its tissue partial tension, provided by 186 (7)**Error! Reference source not found.**. Eq. (8) simply states that in each kinetic compartment 187 the risk is proportional to the relative supersaturation above a certain threshold  $b_i$ . We are

aiming to evaluate the hazard vector **ζ** , defined as *f i t t* 188 aiming to evaluate the hazard vector  $\zeta$ , defined as  $\zeta = \int \rho dt$ , since the probability of developing

189 DCS is related to this function through the following expression

190 
$$
P_{DCS} = 1 - e^{-a\zeta}
$$
 (9)

191 where  $t_i$  and  $t_f$  are the initial and the final times of the dive segment, respectively, with  $\boldsymbol{a} \in \mathbb{Z}^n$  a 192 vector of tissue compartment gains that is assumed to be constant with respect to time. While 193 Goldman [40] assumes that only the first compartment contributes directly to DCS risk, we 194 choose to keep a general notation in our derivation. Specifically, Goldman's models are found by 195 imposing **α** to be  $\begin{bmatrix} \alpha & 0 & 0 \end{bmatrix}^T$  and  $\begin{bmatrix} \alpha & 0 \end{bmatrix}^T$  for his three (3CG and 3CM) and two compartment 196 models (2CG and 2CM), respectively.

197 We integrate the function starting from a general initial time and break the integral into 198 parts where the risk function becomes negative. To evaluate the integral, it is more convenient to 199 rewrite the expression for **ρ** in terms of linear operators so that they may be removed from the 200 integration. After substituting Eq. (7)**Error! Reference source not found.** into Eq. (8) and 201 simplifying, we have the following expression for **ρ**

202 
$$
\mathbf{p}(t) = \mathbf{E}\mathbf{v}(t) + \overline{\xi} \mathbf{y}(t) + \boldsymbol{\tau} \boldsymbol{\omega}(t) - \mathbf{u}.
$$
 (10)

203 where the following definitions apply in Eq. (10)

$$
\mathbf{v}(t) = \left[\frac{e^{\lambda_1 t}}{p^a(t)} \quad \frac{e^{\lambda_2 t}}{p^a(t)} \quad \cdots \quad \frac{e^{\lambda_n t}}{p^a(t)}\right]^T, \tag{11}
$$

 $ξ = ξ - b$  (12)

 $(t) = \frac{1}{p^{a}(t)}$  $t) = \frac{a}{a}$  $\mathbf{y}(t) = \frac{1}{p^a(t)} , \mathbf{\omega}(t) = \frac{t}{p^a(t)}$ *p t* 206  $\mathbf{y}(t) = \frac{1}{\sqrt{2\pi}}$ ,  $\mathbf{\omega}(t) = \frac{1}{\sqrt{2\pi}}$ , and finally

$$
\mathbf{u} = \begin{bmatrix} 1 & 1 & \cdots & 1 \end{bmatrix}^T. \tag{13}
$$

 $\mathbf{C}$ 

208 With these assumptions, we can estimate **ζ** , as

209 
$$
\zeta = \mathbf{E} \int_{t_i}^{t_f} \mathbf{v}(t) dt + \overline{\xi} \int_{t_i}^{t_f} y(t) dt + \tau \int_{t_i}^{t_f} \omega(t) dt - (t_f - t_i) \mathbf{u}. \qquad (14)
$$

210 Every term on the right-hand-side of Eq. (14) must be evaluated. With the assumption of 211 piecewise dive segments, we can impose Eq. (4), the definition of the ambient hydrostatic 212 pressure. Then, we must distinguish two cases for each term: when  $r^a \neq 0$  and when  $r^a = 0$ . 213 After some manipulation, we get the following expressions:

214 
$$
\int_{t_i}^{t_f} V_i(t) dt = \int_{t_i}^{t_f} \frac{e^{\lambda_i t}}{p_0^a + r^a t} dt = -\frac{1}{r^a} e^{-\overline{\lambda}_i} \left[ EI\left(\overline{\lambda}_i + \lambda_i t_f\right) - EI\left(\overline{\lambda}_i + \lambda_i t_i\right) \right], \text{ for } r^a \neq 0
$$
 (15)

215 and

216 
$$
\int_{t_i}^{t_f} V_i(t) dt = \int_{t_i}^{t_f} \frac{e^{\lambda_i t}}{p_0^a} dt = \frac{1}{p_0^a \lambda_i} \left( e^{\lambda_i t_f} - e^{\lambda_i t_i} \right), \text{ for } r^a = 0
$$
 (16)

where we have introduced the modified eigenvalue  $\lambda_i$ , defined as :  $\overline{\lambda_i} = \lambda_i \frac{P_0}{r}$ *a*  $i - \mu$ <sup>*a*</sup>  $\mu$ <sup>*a*</sup> *p r* 217 where we have introduced the modified eigenvalue  $\lambda_i$ , defined as :  $\lambda_i = \lambda_i \frac{P_0}{q}$ , for  $i = 1, 2, ..., n$ .

218 In Eq. (15),  $EI(t)$  refers to the exponential integral function, as defined in Abramowitz and

Stegun [53], that is,  $EI(t) = \int_0^t \frac{e^x}{t} dx$ *x* −∞ 219 Stegun [53], that is,  $EI(t) = \int_{-\infty}^{e} dx$ . Similarly, for the other scalar terms, we have

220 
$$
\int_{t_i}^{t_f} y(t) dt = \int_{t_i}^{t_f} \frac{dt}{p_0^a + r^a t} = \frac{1}{r^a} \ln \left( \frac{p_0^a + r^a t_f}{p_0^a + r^a t_i} \right), \text{ for } r^a \neq 0
$$
 (17)

221 and

222 
$$
\int_{t_i}^{t_f} y_i(t) dt = \int_{t_i}^{t_f} \frac{dt}{p_0^a} = \frac{t_f - t_i}{p_0^a}, \text{ for } r^a = 0.
$$
 (18)

223 Finally, for the integral of  $\omega(t)$  to be evaluated in Eq. (14), we have

224 
$$
\int_{t_i}^{t_f} \omega_i(t) dt = \int_{t_i}^{t_f} \frac{t}{p_0^a + r^a t} dt = \frac{t_f - t_i}{r^a} + \frac{p_0^a}{(r^a)^2} \ln\left(\frac{p_0^a + r^a t_i}{p_0^a + r^a t_f}\right), \text{ for } r^a \neq 0
$$
 (19)

225 and

226 
$$
\int_{t_i}^{t_f} \omega_i(t) dt = \frac{1}{p_0^a} \int_{t_i}^{t_f} t dt = \frac{t_f^2 - t_i^2}{2 \cdot p_0^a}, \text{ for } r^a = 0.
$$
 (20)

227 Equations (15)-(20) are the relations needed to evaluate Eq. (14) and, therefore, the DCS 228 probability by using Eq. (9).

### 229 **Integration of Positive Definite Portion of the Risk Function**

230 When estimating the probability of DCS, we have to neglect any interval where the risk function 231 attains negative values. To achieve this, we must find the risk function roots and check for sign 232 changes. Since the risk function is continuous on its interval of definition, Bolzano's theorem 233 [54] applies.

234 Recalling Eq. (8), we have to study the sign of the following function

$$
\text{sign}\big[\rho_k\big(t\big)\big] = \text{sign}\big\{p_k\big(t\big) - \big[p^a\big(t\big) + b_k\big]\big\}, \quad \text{for } k = 1, 2, \dots, n. \tag{21}
$$

236 Making use of the general solution for the compartment tissue pressure, the generic component 237 of the risk function vanishes at time  $\overline{t}$ , if and only if

238 
$$
\overline{t} \mid \sum_{j=1}^{n} E_{ij} e^{\lambda_j \overline{t}} + \xi_i + \tau_i \cdot \overline{t} = (p_0^a + r_a \cdot \overline{t} + b).
$$
 (22)

239 The last expression is non-linear with respect to the scalar unknown  $\overline{t}$ , but decoupled, so 240 without loss of generality, the generic scalar equation can be solved. Rearranging similar time-241 dependent terms, we can rewrite Eq. (22), as

242 
$$
t^{0} \Big| \sum_{j=1}^{n} E_{j} e^{\lambda_{j} t^{0}} - \chi \cdot t^{0} - \eta = 0
$$
 (23)

243 where we have defined the following quantities

$$
\chi = (r_a - \tau) \tag{24}
$$

245 and

$$
\eta = \left(p_0^a + b - \xi\right). \tag{25}
$$

247 To find the roots of Eq. (23), if any, we proceed as follows. First, each integration interval was 248 subdivided into *S* sub-intervals of equal length. Then, with  $t_i^j$  and  $t_f^j$  as the initial and final 249 times of the *j*-th sub-interval, respectively, we evaluate  $h_j = \rho(t_i^j) \cdot \rho(t_j^j)$ , for  $j = 1, 2, ..., S$ . For 250 every sub-interval for which we found  $h_j < 0$ , we applied the Dekker-Brent method [55], to find 251 the internal root. We choose this algorithm for its robustness and fast convergence and check the 252 sign of the risk between successive roots, including the two most external intervals starting from

253  $t_i$  and arriving to  $t_f$ . We labeled intervals where the risk function attained negative values and 254 excluded these from the integration.

# 255 **Selection of Model Parameters**

256 The analytical derivation presented so far is completely general and applicable to all 257 models governed by linear coupled ordinary differential equations. However, to assess the 258 goodness-of-fit for a specific model to calibration data, some assumptions have to be made on 259 the form of the matrix  $\bf{A}$ , the vector  $\bf{f}$  and their dimensions. How many tissue compartments to 260 consider, for example, which parameters to vary, and which constraints to apply are not trivial 261 choices. Choosing too few parameters might result in a sub-optimal fit of the calibration data 262 whereas choosing too many might over-fit the data leading to poor extrapolation to dives not in 263 the calibration data. In this section, we review previous research and in the next section, derive a 264 new class of models. This will allow a contrast between previous and newer work.

265 Goldman [40] presents four new multi-exponential models: two couples of two (2CG and 266 2CM) and three compartments (3CG and 3CM), respectively, in which only one compartment is 267 assumed to directly contribute to DCS risk. This risk-bearing compartment is associated with the 268 eigenvalue having the largest absolute value. The Goldman models define the maximum number 269 of free parameters within the tissue matrix **A** as the number of tissues, *n*, or the number of 270 distinct eigenvalues. For 3CG, 3CM and 2CG, 2CM, this requires only three and two parameters, 271 respectively. We argue, however, that all free parameters of the model (not just the number of 272 tissues) must be evaluated, and a given parameter rejected only if it fails a likelihood ratio test.

273 Inspecting Goldman's three tissue compartment models, the **A** matrix has the form

274 
$$
\mathbf{A} = \begin{pmatrix} -3f_{1x} & f_{1x} & f_{1x} \\ f_{21} & -(1+PR_2) f_{21} & 0 \\ f_{31} & 0 & -(1+PR_3) f_{31} \end{pmatrix}; \quad \mathbf{f} = \begin{pmatrix} f_{1x} \\ PR_2 f_{21} \\ PR_3 f_{31} \end{pmatrix}
$$
(26)

275 where the following additional constraints were imposed to evaluate Eq. (26):  $PR_2 = PR_3 = 0.2$ 276 and  $PR_2 = PR_3 = 0$  for the 3CG and 3CM, respectively. They represent the "perfusion ratio", 277 defined as "diffusion rate constants" out of the generic compartment "*i*". They were set arbitrarily 278 to 0.2, to illustrate the properties of the models; whereas they vanish, in the case of a mammillary 279 model, since the connections of compartments 2 and 3 with the circulatory system are severed by 280 assumption. This construction guarantees negative and generally distinct eigenvalues if the free 281 parameters are strictly positive, but these constraints are arbitrary and only used for testing. The 282 connections between the second and the third compartments were also severed. The two 283 compartment tissue models are obtained from the previous models by reducing the degrees of 284 freedom to two and considering a two-by-two system similar to the three-tissue case.

# 285 **Algorithm for Iterating through Stable Matrices and Choice of Forcing Term**

286 In this section, we remove all or most of the assumptions of Goldman [40] and select 287 models based on the form of the **A** matrix as before while only considering cases associated 288 with strictly negative distinct eigenvalues. We formulate our assumptions starting from the 289 matrix spectral decomposition to clarify how the forcing term may be conveniently related to the 290 tissue matrix.

291 Recall our matrix spectral decomposition

$$
\mathbf{A} = \mathbf{S} \mathbf{D} \mathbf{S}^{-1}.
$$
 (27)

293 By selecting models based on the properties of **S** and **D**, we can easily impose any spectral 294 property of **A** and use Eq. (27) to derive **A** *a posteriori*. To consider only negative and distinct

eigenvalues, we trivially impose **D** = diag  $(\lambda_1, \lambda_2, ..., \lambda_n)$ , choosing  $0 > \lambda_n > \lambda_{n-1} > ... > \lambda_1$ , 296 without loss of generality and maintaining Goldman's convention of choosing the first 297 compartment as that associated with the smallest eigenvalue. In so doing, we start from the 298 tissue times, as is done with independent tissue models in a more physiological manner.

299 Any invertible diagonalizable matrix, **S** , is appropriate but may have redundant 300 parameters since the eigenvector matrix is not unique. We restrict our choice of free parameters 301 by considering independent tissue compartments that may be obtained as a limiting case from 302 our general formulation by imposing, e.g.,  $S = I$ , where  $I \in \mathbb{R}^{n \times n}$  is the identity matrix. This 303 observation suggests that we can relate the difference between the eigenvector matrix **S** and the 304 identity matrix to the degree of dependency among the different compartments. Without loss of 305 generality, we impose equality among the elements of the main diagonal of **S** since they are 306 arbitrary multipliers of the eigenvalues in **A** and assume they are equal to one. It is trivial to 307 prove a matrix **A** may be spectrally decomposed by Eq. (27), through an eigenvector matrix **S** , 308 whose main diagonal elements are one under the assumption of distinct eigenvalues. With this 309 choice for **S**, we have  $n^2$  free parameters,  $n(n-1)$  for the generic choice of components of **S** 310 outside the main diagonal plus *n* eigenvalues that we would have by considering **A** .

311 We constrain the forcing term multipliers addressed by the vector **f** through the choice of 312 the matrices **S** and **D** by inspecting a steady-state solution. Specifically, our model produces a 313 constant tissue pressure if we assume a dive profile characterized by constant arterial nitrogen 314 tension with the initial condition that all tissue tensions are approximately equal to this constant 315 value. For this special case, all derivatives of the partial tissue tension with respect to time must 316 vanish. Hence,

$$
\mathbf{0} = \mathbf{A} \mathbf{p} + \mathbf{f} \ p_{a,n} \tag{28}
$$

318 With the hypothesis that  $\mathbf{p} = p_{a,n} \mathbf{u}$ , where **u** is the constant unit vector defined in Eq. (13), we

319 have the following required expression for the forcing term

$$
\mathbf{f} = -\mathbf{A}\mathbf{u}.\tag{29}
$$

321 Equation (29) is consistent with both independent and uncoupled tissues as in the Goldman 322 models.

# 323 **Algorithm for Iterating through Symmetric Matrices**

324 We begin by investigating a balanced nitrogen contribution between any two tissue 325 compartments, i.e., symmetric tissue matrices in which the contribution to the *j*-th tissue 326 provided by the *i*-th tissue is equal to that exerted by the *j*-th tissue to the *i*-th tissue. This 327 requires iteration through symmetric matrices starting from their spectral decomposition for 328 which we propose a simple algorithm.

# 329 Recalling Eq. (27), we constrain **S** so that **A** is a symmetric matrix where **S** is 330 orthogonal since a real matrix is symmetric if and only if it has an orthonormal basis of 331 eigenvectors [52]. Thus, we have

$$
\mathbf{A} = \mathbf{S} \mathbf{D} \mathbf{S}^{-1} = \mathbf{S} \mathbf{D} \mathbf{S}^T. \tag{30}
$$

233 Let  $\overline{\mathbf{u}}_i$ ,  $i = 1, 2, ..., n$ , be the generic column vectors of **S** which are eigenvectors of **A**. First, we 334 arbitrarily choose  $n-1$  components,  $\hat{r}_i = \left[\boldsymbol{\varpi}_i^1 \boldsymbol{\varpi}_i^2 \cdots \boldsymbol{\varpi}_i^{n-1}\right], i = 1, 2, ..., n$ , for each column of **S**. 335 Then, we rescale for a known scalar greater than their Euclidean norm, so that 2 ˆ  $i = 1, 2, \ldots,$ ˆ  $\mathbf{r}_i = \frac{\mathbf{r}_i}{\overline{\boldsymbol{\nu}} \|\mathbf{r}_i\|}$ ,  $i = 1, 2, \ldots, n$ *K* 336  $\mathbf{r}_i = \frac{\hat{\mathbf{r}}_i}{\overline{K}||\hat{\mathbf{r}}||_2}$ ,  $i = 1, 2, ..., n$ , with  $\overline{K} > 1$ . If, for example, we suppose that  $\overline{K} = 1.1$ , we compute the 337 Last components  $\|\mathbf{u}_i\|_2 = 1$ ,  $i = 1, 2, ..., n$ . We apply the modified Gram-Schmidt process [49] and

338 derive the *n*-th column of the orthogonal **S** matrix making **A** symmetric.

### 339 **Model Calibration: Maximum Likelihood Estimation**

340 Maximum likelihood is a statistical method used for comparing the relative goodness of 341 fit of models to given calibration data [7, 56, 57]. We review this method below to show how it 342 relates to DCS probabilities estimated in the previous sections.

343 Equation (9) expresses the probability that a diver experiences DCS. The probability of 344 not experiencing DCS plus the probability of experiencing DCS must equal one by the law of 345 total probability implying that

 $P_0 = e^{-a \cdot \zeta}$ .  $P_0 = e^{-a \cdot \zeta}$  (31)

347 Suppose that our calibration data consist of *D* dives with known outcomes. The likelihood 348 function of the entire data set is the joint probability of observing the entire trial,

349 
$$
L(\text{trial}) = P(\text{obs 1})P(\text{obs 2}) \cdots P(\text{obs } D), \tag{32}
$$

350 as reported in [7]. The probability of observing the *j*-th event with  $j = 1, \ldots, D$  is

351 
$$
P(\text{obs } j) = P_{DCS} (\text{dive } j)^{\delta_j} P_o (\text{dive } j)^{1-\delta_j} \quad j = 1, 2, ..., D,
$$
 (33)

352 where  $\delta_j$  is the outcome variable and equal to one for full DCS and zero for no DCS. A 353 marginal DCS event was weighted as 0.1 full DCS event for comparison with Goldman's results 354 [40] although Howle *et al.* [58] argued that marginal events should not be used for DCS 355 parameter calibration; an assertion that was later investigated by Murphy *et al.* [59] for 356 generating iso-risk air diving schedules, where several optimal ascent schedules have been 357 obtained, for a given tolerated risk of developing DCS.

358 The natural logarithm of the likelihood is used to avoid extremely low values as this 359 monotonic transformation preserves the order of the function [7]. Therefore, the natural log 360 likelihood (LL) of the calibration data is estimated with the following expression:

361 
$$
LL\left(\text{trial}\right) = \sum_{j=1}^{D} \log \left[ P\left(\text{obs } j\right) \right].
$$
 (34)

362 Although not explicitly expressed in Eq. (34), the LL value depends on the model parameters 363 through probability estimates and observed outcomes. To find the parameter values that 364 maximize Eq.(34), we have to solve an optimization problem. We note that Eq. (34) generally 365 constitutes a nonlinear non-convex optimization, making it difficult to solve with local 366 optimization methods, based on the gradient descent, because they can be trapped in local 367 minima [60, 61]; thus we adopted the Nelder-Mead algorithm [62] chosen for its robustness and 368 ability to handle ill-conditioned problems. It is worth noting that, as an alternative to log 369 likelihood maximization, Bayesian methods have recently been shown to be beneficial in 370 optimizing probabilistic decompression sickness models [63].

# 371 **RESULTS AND DISCUSSION**

372 Having derived general solutions to the interconnected tissue model, we now apply these 373 solutions with a large calibration data set known as "BIG292" [64]. Our objective is to evaluate 374 how the sub-set of the general model derived by Goldman [40] will extrapolate to this larger 375 dataset and to compare these results with the performance of the general model. First, we 376 describe the data and then fit Goldman's most general model (3CG) to this data set. Next, we 377 describe four novel interconnected models and fit these to BIG292. Last, we compare all models 378 with the equivalent independent tissue model (EE1 [50, 51]) to verify whether the extra 379 parameters of the new models are justifiable by the likelihood ratio test. Finally, we examine 380 how well all models extrapolate (predict the observed outcomes) of data not included in the 381 BIG292 calibration data.

382 The conditions through which the dives are conducted may greatly impact, among other 383 factors, the rate of blood circulation, which -in turn- affect the amount of excess nitrogen given 384 off through the lungs [5], thus ultimately influencing the likelihood of being affected by DCS. 385 Therefore, it is pivotal to rely on high quality data, reporting the circumstances under which 386 dives occurred, to have a proper calibration of DCS models. Moreover, it is crucial to have a 387 consistent definition of DCS events, throughout the study. For collecting the data constituting 388 the BIG292, Weathersby *et al* "developed a set of diagnostic criteria […] to serve as a 389 retrospective tool in determining what symptoms and signs were to be regarded as DCS". 390 Furthermore, the conditions under which the dives occurred are clearly identified; for example: 391 dry dives, where variation between subjects is minimal and the time-depth profile is finely 392 controlled versus wet dive where a less controlled environment is present and exercise and 393 thermal factors influence represent nuisance variables.

394 The U.S. Navy has used BIG292 extensively for calibrating probabilistic decompression 395 models. It consists of 3,322 Air and Oxygen-Nitrogen exposures resulting in 190 full DCS and 396 110 marginal DCS cases. The BIG292 dive data, together with thousands of additional dive 397 trials are publicly available in two U.S. Government reports [64, 65]. Because these data are 398 randomized, de-identified, and publicly available, no IRB approval was required for this study. 399 The data were collected by the U.S., U.K. and Canadian military facilities from 1944 to 1997 and 400 include detailed time-depth histories, inspired gas(es), gas switches, and case reports for divers 401 with full or marginal DCS. To be consistent with Goldman's approach, we weighted marginal 402 DCS as 0.1 but did not consider symptom onset times [8]. Conversely, the risk thresholds, vector 403 **b** in Eq. (8), was not set *a priori* and was included in the models to be optimized, whereas 404 Goldman fixed it to 0.021 [40].

405 When we evaluated the 3CG model on BIG292 using the published optimal parameter 406 set, it predicted zero DCS probability on 73 dive profiles where DCS does occur. This is 407 described as *model failure*. We attempted to re-optimize this model using the aforementioned 408 parameter set as the starting point for the optimization but were unsuccessful again. Finally, we 409 sampled the likelihood function and adopted more than 110,000 random starting points chosen 410 from a pseudo random uniform distribution around the optimal set with a range of 1/4 to 4 times 411 the optimal parameter values. Again, this resulted in model failure leading us to conclude that the 412 3CG model will not fit the BIG292 data set without model modification.

413 Next, we evaluated four novel interconnected models based on the spectral 414 decomposition described in the previous section. The models differed depending on assumptions 415 pertaining to the eigenvector matrix **S**. We examined three tissue models that differed from 416 Goldman in that all compartments were DCS-risk-active.

417 The following forms for the eigenvector matrix were considered: 1) Upper Triangular 418 (UT); 2) SKew-symmetric (SK); 3) SYmmetric (SY); 4) GeNeral (GN). UT also produces an 419 upper triangular tissue matrix: since, if **S** is upper triangular, then **A** will necessarily also be so. 420 This will make interpretation of the physical elements more direct, because the eigenvalues of an 421 upper triangular matrix can be promptly read on the matrix main diagonal. Also, since the 422 tissues are ordered according to increasing eigenvalues, this model assumes that the contribution 423 of faster tissues to slower tissues may be neglected in estimating the DCS risk: because, for definition of an upper triangular matrix, we have that  $a_{ij} = 0$  if  $i > j$ . SK and SY were adopted 425 to investigate whether algebraic constraints on the eigenvector matrix may be compatible with 426 the data or may have better extrapolation properties. The skew-symmetric matrix refers 427 exclusively to the components off the main diagonal since the main diagonal of a complete

428 skew-symmetric matrix would be all zeros resulting in a singular matrix. Finally, the GN model 429 was the most general model and investigated whether all extra parameters were justifiable or 430 were useful for extrapolation to data not in the calibration data set.

431 Figure 1 sketches the differences among the EE1, Goldman's 3CG and the most general 432 model introduced in this paper (GN). In the EE1 model and in the models proposed here all 433 tissue compartments contribute directly to DCS risk, whereas in Goldman's models only the 434 central compartment, characterized by the smallest eigenvalue, has a nonzero risk gain. EE1 435 does not include any inter-perfusion phenomenon, while Goldman's models assume only inter-436 perfusion between an external compartment and the central compartment; our model generalizes 437 it and includes connections between any two compartments.

438 For example, consider a simple derivation of the UT model with the optimal set reported 439 in

440 Table 1. For the eigenvector matrix, we have posed,  $s_{ii} = 1, i = 1,2,...,n$  without loss of 441 generality, and for the specific model we have  $s_{ij} = 0$ , if  $i > j$ ,  $i = 1, 2, ..., n$ . Once we have 442 evaluated S, we can compute  $S^{-1}$  and derive A, through Eq. (27). Finally, we evaluate the vector 443 **f**, through Eq. (29). Since

444 
$$
\mathbf{S} = \begin{bmatrix} 1 & -0.066 & 0.572 \\ 0 & 1 & -2.899 \\ 0 & 0 & 1 \end{bmatrix}
$$
, we get:  $\mathbf{A} = \begin{bmatrix} -0.917 & -0.060 & 0.348 \\ 0 & -0.008 & -0.018 \\ 0 & 0 & -0.002 \end{bmatrix}$ , and  $\mathbf{f} = \begin{bmatrix} 0.629 \\ 0.026 \\ 0.002 \end{bmatrix}$ .

445 The remaining free parameters are the optimal gains, which may be found analytically [66], and 446 the thresholds as reported in

447 Table **1**.

448

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451 Figure 2 schematizes the connections among the three tissues of the UT model. The radii 452 of the circles reflect the value of the corresponding tissue eigenvalues. All relative terms were 453 scaled for the absolute value of the corresponding eigenvalue for each tissue. Arrow thickness 454 represents the strength of the interaction although the figure is not to scale. The direction of the 455 arrows indicates the direction of the interaction for a positive increment of the relative variable. 456 For example, the  $a_{23}$  term indicates the effect a change in the third tissue tension has on the rate 457 of change in the second compartment. Since the arrow departs from the second tissue, we infer 458 that a positive increment in  $p_3$  contributes to a decrement on  $p_2$ . The double arrow  $(a_{23})$ 459 indicates a value roughly double its corresponding eigenvalue. The other models follow the 460 same technique and are not discussed. We emphasize that any other coupled model may be 461 expressed through our formulation under the assumptions of unique, negative eigenvalues, and a 462 diagonalizable tissue matrix. We can compute **S** and **D**, for example, knowing **A** for Goldman's 463 3CG optimal model. The computed **S** will not always satisfy our assumption of the main 464 diagonal occupied by ones, however, we can obtain an equivalent matrix from any representation 465 of **S** by dividing each column by its diagonal term. Should we have a zero on the main diagonal, 466 it suffices to change the numeration of the column of our problem since we can exclude a whole 467 row of zeros because **S** is always non-singular.

468 For all models, we tried at least 128 random restarts to search for the best parameter set 469 using parallel processing and did not consider onset times, as already stated. At first, we 470 optimized the EE1 model, taken as a benchmark, comprised of three independent tissue 471 compartments. EE1 has nine adjustable parameters: three tissue time constants, three tissue 472 gains, and three pressure thresholds. Once we found the optimal parameter set for EE1, we used 473 it as a starting point for all the interconnected models. This is possible because all models,

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480 **Table 1**. Confidence intervals were computed by inverting the likelihood ratio test [67] 481 using a Monte Carlo method and are reported as variations from the optimal value in superscript 482 and subscript.

483 Table 2 contrasts the various models using a likelihood ratio (LR) test and indicates that 484 the extra parameters for the coupled models are justified with a confidence of at least 95%. 485 Nevertheless, the SY has a decrement of only 0.12 LL units compared with the GN model 486 despite GN having three additional parameters, so GN does not pass the LR test when compared 487 with the SY and UT models. However, GN is better than the SK and UT models. This suggests 488 that SY is the preferred model when fit to BIG292. Table 3 provides a detailed description of the 489 predicted DCS probabilities for all four coupled models and compares them with the EE1 model. 490 All models fit the data with reasonable accuracy, based on risk prediction. The results suggest 491 that the optimized SY outperforms EE1for all dive types except for saturation and multi-level 492 dives.

493 To assess the extrapolation properties of the models, we considered 5,163 exposures 494 comprised of Air and Oxygen-Nitrogen dives and surface  $O<sub>2</sub>$  decompression dives that resulted 495 in 214 full DCS and 329 marginal DCS events. We extracted this data set, from the original data 496 sets contained in [55-56] pulling all the data pertaining to the same dive profile, together. Table 497 4 compares the risk prediction of the four interconnected models with EE1. The UT model 498 clearly out-performs all the other models both for LL and the number of predicted DCS cases. 499 Table 4 also reports partial LL values grouped according to dive type in an effort to establish 500 when coupled models may be worse than EE1 or if a particular model would seem to better 501 extrapolate for a specific type of dive. The results indicate that SY (and GN, consequently) also 502 outperforms EE1 and the abrupt decrement in the total LL is mainly due to poor performance for

503 submarine escape dives. On the contrary, UT is confirmed as the best coupled model considered 504 in this work, and even if it also greatly overestimates the DCS risk for this kind of dive, it is still 505 considerably better than any other model. Conversely, EE1 still remains the best model when 506 evaluated on single air dives, both in terms of predicting risk and in terms of LL measure. 507 Overall, the best coupled model, UT, presents a percentage error less than 5% when estimating 508 the total number of DCS cases on the whole extrapolation set, as opposed to more than 24% 509 when adopting the equivalent uncoupled model, EE1. Finally, we observe the superior 510 predictions for the UT model on surface  $O_2$  decompression and higher LL than other models of 511 similar degrees-of-freedom.

# 512 **CONCLUSION**

513 We investigated the fitting quality and extrapolation capabilities of coupled 514 compartmental models for predicting DCS probability in compressed gas diving. The motivation 515 for this work was to investigate certain tissue compartment couplings with an *a-priori* 516 specification of the coupling structure. Our coupled compartmental models allowed, in the most 517 general case, for inert gas exchange with the circulatory system and between all individual 518 compartments. We proposed a new formulation of the coupled tissues model based on the 519 spectral decomposition of the tissue interconnection matrix and further derived piecewise exact 520 gas exchange solutions for the new models. The exact solutions represent a projection of the 521 original problem onto a space spanned by the eigenvectors of the tissue coupling matrix. In the 522 space of the projected problem, the "compartments" decouple from one another making the 523 problem far simpler and faster to optimize. Our interconnected models have, as a trivial subset, a 524 well-tested parallel tissue model (EE1) allowing for rigorous comparison between our new 525 models and this previous parallel model. Four distinct types of tissue interconnections were

526 considered and arose naturally from the form of the off-diagonal structure of the eigenvector 527 matrix. These four classes of interconnected models were the (1) skew-symmetric, (2) general, 528 (3) upper triangular, and (4) symmetric models. The symmetric interconnected model had the 529 best predictive quality for the training data set. In comparison to all four new interconnected 530 models, the nested parallel model (EE1) was rejected with at least 95% confidence. Although 531 the best of the inter-connected models to fit the calibration data was the symmetric model, the 532 upper triangular model extrapolated better to dive profiles outside of the training data set. The 533 upper triangular model also outperformed all of the other models on  $O_2$  surface decompression 534 dive profiles. There are many extensions of our new models yet to be explored, for example, the 535 use of DCS symptom onset times in optimizing the models and gas saturation/bubble phase 536 change, as well as the introduction of some penalization to ensure a minimum good fit to each 537 subset of DCS for each diving type but the preliminary results presented in this paper indicate 538 that our new models are promising for use in predicting DCS probability and for dive planning.

539

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712 models pass the likelihood difference test, when compared with EE1. We can reject the EE1

713 model, in favor of any of the models including inter-tissue perfusions for prediction of DCS on 714 the training set (P<0.05). Conversely, the extra degrees of freedom introduced by the GN model

715 are not justifiable at the 5% significance level, when the test is conducted against the SY model.



717 **Table 3** Number of DCS cases predicted by the four multi-exponential and the null models for the calibration data set "BIG 292". The predicted number of DCS cases are provided for the 718 the calibration data set "BIG 292". The predicted number of DCS cases are provided for the groups of dives and analytically for each file present in the calibration data. All models seem to groups of dives and analytically for each file present in the calibration data. All models seem to 720 adequately fit the calibration data set.









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730 **Figure 1** Schematization of the EE1, Goldman's 3CG and GN models. Circles indicate tissue 731 compartments; if filled they directly contribute to risk, otherwise they are associated with no risk. 732 For Goldman's 3CG model and our GN model, we have only sketched the external connection 733 from and to the circulatory system, not to make the figure unnecessarily cumbersome; also 734 Goldman's models have fixed thresholds, as opposed to all the other models, for which 735 thresholds are optimized.



741 **Figure 2** Schematization of the three-interconnected-compartment Upper Triangular (UT) 742 model. Tissues are depicted with circles: the smaller the radius, the smaller the corresponding 743 eigenvalue. Radii of the tissue times are not in scale. Black lines are of the order of unity, green 744 lines are of the order of a tenth, blue lines are of the order of a hundredth. Tissues are ordered 745 from most negative to least negative eigenvalues. For example, for the UT model, slower tissues 746 are not directly affected by faster tissues: in fact, the slowest tissue (3) influences the tissue 747 tension of the other tissues (1 and 2). Arrows directions are dictated by the sign of the term; so 748 that  $a_{ij} < 0$  implies an arrow going from tissue *i* to tissue *j* (since  $a_{ij}$  is relative to the influence 749 of tissue *j* on *i* and the arrow shows that pressure of *j* diminishes for a positive increase on the 750 pressure in tissue *i* ).

