

Hypoxic ventilatory sensitivity in men is not reduced by prolonged hyperoxia (Predictive Studies V and VI)

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Gelfand, R., C. J. Lambertsen, J. M. Clark, and E. Hopkin. Hypoxic ventilatory sensitivity in men is not reduced by prolonged hyperoxia (Predictive Studies V and VI). *J. Appl. Physiol.* 84(1): 292–302, 1998.—Potential adverse effects on the O₂-sensing function of the carotid body when its cells are exposed to toxic O₂ pressures were assessed during investigations of human organ tolerance to prolonged continuous and intermittent hyperoxia (Predictive Studies V and VI). Isocapnic hypoxic ventilatory responses (HVR) were determined at 1.0 ATA before and after severe hyperoxic exposures: 1) continuous O₂ breathing at 1.5, 2.0, and 2.5 ATA for 17.7, 9.0, and 5.7 h and 2) intermittent O₂ breathing at 2.0 ATA (30 min O₂-30 min normoxia) for 14.3 O₂ h within 30-h total time. Postexposure curvature of HVR hyperbolas was not reduced compared with preexposure controls. The hyperbolas were temporarily elevated to higher ventilations than controls due to increments in respiratory frequency that were proportional to O₂ exposure time, not O₂ pressure. In humans, prolonged hyperoxia does not attenuate the hypoxia-sensing function of the peripheral chemoreceptors, even after exposures that approach limits of human pulmonary and central nervous system O₂ tolerance. Current applications of hyperoxia in hyperbaric O₂ therapy and in subsea- and aerospace-related operations are guided by and are well within these exposure limits.

hypoxia; oxygen toxicity; oxygen poisoning; oxygen limits; oxygen tolerance extension; hyperbaric oxygen therapy; intermittent hyperoxia; carotid body; chemoreceptors; respiratory control

PATIENTS breathe O₂ at increased ambient pressures in therapeutic exposures for a variety of medical conditions in which beneficial effects have been demonstrated (2). Hyperoxia is also employed to improve the speed and safety of decompression procedures in scientific, commercial, and military diving as well as in aerospace operations (23). The carotid body structure, by virtue of the capillary density and high rate of perfusion, is exposed to high PO₂ levels when elevated partial pressures of O₂ are inspired. In the design of comprehensive programs (Predictive Studies, PS) to investigate limits of human organ tolerance to continuous hyperoxia (PS-V) (26) and extension of tolerance to hyperoxia in humans (PS-VI) (25), it was necessary to consider that toxic effects of prolonged O₂ exposures on these O₂-sensing organelles might be expressed as impairment of their hypoxia-sensing function. In recognition of this possibility, determinations of the ventilatory response to hypoxia were incorporated into the overall Predictive Studies experiment plans (10, 11, 13–15). Other investigators working concurrently have reported that the chemosensory hypoxic response function of the carotid body in cats was essentially obliterated

by prolonged exposure to normobaric hyperoxia (22) and that the ventilatory response to hypoxia in rats was blunted progressively and reversibly by exposure to O₂ pressures ranging from 1.0 to 3.0 ATA (1, 27, 32). In contrast to the results reported in animals, those reported here show that hypoxic ventilatory sensitivity in humans is not attenuated after exposures to O₂ pressures of 1.5, 2.0, and 2.5 ATA for durations that produce measurable effects on central nervous system (CNS) and lung functions, approach the limits of human CNS and pulmonary tolerance, and substantially exceed those currently employed in hyperbaric O₂ therapy or in diving and aerospace operational uses of hyperoxia. Preliminary reports have been presented elsewhere (10, 11, 13, 15).

METHODS

The investigations described here represent one of several respiratory-related parts of the overall PS-V and PS-VI O₂ tolerance programs. Elements of the interdisciplinary investigative plans have been described elsewhere (25, 26). Briefly, the multiyear program included investigation of rates of development of visual, auditory-vestibular, neurological, pulmonary, cardiac, mental performance, and respiratory effects of hyperoxia over the O₂ pressure range of 1.5–3.0 ATA. Determinations of the hypoxic ventilatory response (HVR) were not part of the O₂ exposures at 3.0 ATA. "Modules" consisting of sequences of experimental measurements of specific duration were carried out at predefined intervals before, repeatedly during, and after experimental exposures to hyperoxia. HVR was determined in a laboratory room at 1.0 ATA before exposures in the pressure chamber were started (preexposure), after they were completed (postexposure), and on a subsequent day (follow-up). The same experiment procedures were followed in all exposures, which covered a span of 4.5 yr (continuous O₂, PS-V) and 8 mo, 1 yr later (intermittent O₂, PS-VI).

Experiment protocols. In the following, the continuous exposures of PS-V are referred to by their O₂ exposure pressures, e.g., 0.2 ATA (or 1.0 ATA air), 1.5 ATA, 2.0 ATA, and 2.5 ATA O₂. The intermittent exposure of PS-VI is referred to as 2.0 ATA 30:30 (30 min O₂-30 min normoxia). Table 1 summarizes exposure pressures, durations, and numbers of subjects in the different subject groups. Table 2 summarizes elapsed times from preexposure determinations of HVR to start of O₂ breathing at elevated pressures, from end of O₂ breathing to postexposure determinations of HVR, and from end of O₂ breathing to follow-up determinations of HVR. Determination of HVR was a part of pre- and postexposure experiment preparations and sequences of measurements. It was grouped with determinations of the hypercapnic ventilatory response and alveolar-arterial O₂ gradients at rest and during light exercise. In the preexposure period, other events close in time frequently included arterial catheterization and pulmonary function tests. This was followed by an experiment control module at 1.0 ATA (26) and then compression to

Table 1. Exposure pressures, number of subjects, oxygen exposure times, and observed values of rates of change of end-tidal PO₂ during HVR determinations

O ₂ Exposure Pressure, ATA	n	O ₂ Exposure Time, h	Preexposure dPO ₂ /dt	Postexposure dPO ₂ /dt	Follow-up dPO ₂ /dt
0.2	5*	20.0	10.46 0.8	9.36 0.8	
1.5	9	17.7	9.76 0.4	10.86 0.6	
1.5	5†	17.8	10.16 0.5	10.06 0.9	10.46 0.8
2.0	6‡	9.0	9.76 0.7	9.96 0.6	9.36 0.7
2.5	8	5.7	9.66 0.3	9.76 0.4	9.46 0.3
2.0 30:30	5§	14.3	8.56 0.7	8.96 0.5	9.56 0.6

Values are means ± SE of rate of change of end-tidal PO₂ (dPO₂/dt) in Torr/min for n subjects. Postexposure and follow-up values are not different from their corresponding preexposure controls. HVR, hypoxic ventilatory response 30:30, 30 min O₂-30 min normoxia. * Five subjects of the 0.2-ATA O₂ exposures are a subgroup of nine who participated at 1.5-ATA O₂. Exposures at 0.2-ATA O₂ followed those at 1.5-ATA O₂ by 6 mo. Preexposure values for 0.2-ATA O₂ are therefore also follow-up values for subgroup of 5 subjects exposed at 1.5-ATA O₂ (see below). † These values are for subgroup of 5 subjects who participated in 0.2-ATA O₂ exposures. ‡ Eight subjects participated. Results for 2 not included here due to relatively short durations of O₂ exposure. O₂ was discontinued early due to abrupt and rapid rate of decline in vital capacity. § Six subjects participated. Results for 1 not included because of limited range of end-tidal PO₂ and ventilation in preexposure HVR determinations.

the experiment pressure. Postexposure HVR determinations had to await completion of posthyperoxia experiment modules and repetitive tracking of recovery of pulmonary and visual functions. The scheduling of follow-up determinations on subsequent days also had to be coordinated with continued tracking of those functions. Follow-up determinations were not in the original plan for the 1.5-ATA exposures, which were the first ones with HVR determinations completed, since results of preliminary analysis indicated that postexposure ventilatory response to hypoxia was not attenuated. When further analysis indicated consistent elevation of postexposure ventilatory and respiratory frequency responses to hypoxia, delayed follow-up determinations could be scheduled for five of the nine subjects in that group (see Tables 1 and 2).

Subjects. Subjects were healthy male nonsmokers, selected from volunteers after medical examinations that included special attention to the physiological systems known to be targets of O₂ poisoning. Important to this component of the overall investigations were pulmonary function tests both before and after the O₂ exposures. Experiment protocols and

Table 2. Average elapsed times from preexposure HVR determinations to start of O₂ breathing and from end of O₂ exposure to postexposure and follow-up HVR determinations

O ₂ Exposure Pressure, ATA	Preexposure HVR to Start of O ₂	End of O ₂ to Postexposure HVR	End of O ₂ to Follow-up HVR
0.2	7.7 h	0.6 h	
1.5	7.0 h*	1.9 h	
1.5†	6.1 h‡	2.3 h	6.4 mo§
2.0	7.4 h	3.7 h	1 day
2.5	10.4 h	3.6 h	10 days
2.0 30:30	12 days	3.2 h	1 day

* For 8 of 9 subjects; for 9th subject, 9 days. † n = 5. ‡ For 4 of 5 subjects of 1.5-ATA O₂ group who also had 0.2-ATA control exposures; for 5th subject, 9 days. § See Table 1 for explanation.

informed consent procedures were approved by the Human Subjects Committee of The University of Pennsylvania.

Apparatus and experimental procedures. The isocapnic ventilatory response to progressive hypoxia was obtained using the same experimental apparatus throughout the multi-year program. The rebreathing system, identical in function to that described by others (29), employed a Stead-Wells spirometer (Collins, Braintree, MA) in place of a bag-in-box to contain the rebreathed gas mixture. The spirometer was modified with a counterbalance to further reduce its low level of backpressure, and its pulley was coupled to a high-resolution servo-potentiometer to provide an electrical output to a rapid-response strip-chart recorder. End-tidal PO₂ (PET_{O₂}) and PCO₂ (PET_{CO₂}) were measured by sampling expired gas from the expiratory side of a low dead-space (15 ml) nonrebreathing valve (31) constructed in this laboratory. The rapid-response O₂ and CO₂ analyzers (model S-3A, Ametec, Pittsburgh, PA, and model LB-2, Sensor Medics, Anaheim, CA) were calibrated with gas mixtures of precisely known O₂ and CO₂ concentrations (Air Products, Allentown, PA, and Scott Specialty Gases, Plumsteadville, PA). Their electrical outputs were also inscribed onto rapid-response strip-chart recorders.

The experimental apparatus was behind the supine subject's head, out of his range of vision. After rebreathing was started, PET_{CO₂} rapidly reached the target isocapnic level of 42 Torr. The speed of a sealed blower in series with a CO₂ scrubber canister in a bypass loop was modulated to maintain this level of PET_{CO₂} while PET_{O₂} progressively declined. Rebreathing was ended when PET_{O₂} reached the planned lower limit of 40 Torr, or sooner (rarely) at the subject's request. In both the 1.0-ATA air and 1.5-ATA O₂ exposure series, arterial blood was sampled just before rebreathing was finished for analysis of blood-gas tensions to determine the degree of correspondence of arterial PO₂ (Pa_{O₂}) with the target PET_{O₂} level and PET_{CO₂} with arterial PCO₂ (Pa_{CO₂}).

It was anticipated that residual pulmonary O₂ poisoning, exacerbated by deep breathing, would make it uncomfortable for subjects to complete rebreathing procedures during post-O₂ exposure determinations of HVR. This was later verified by 30% of the subjects who reported pulmonary distress during stimulated ventilation while rebreathing. To minimize the duration of HVR determinations and subject discomfort and the possibility of premature experiment termination, the spirometer was initially filled with 8–9 liters of room air rather than with O₂-enriched air (29), which would have prolonged the rebreathing experiment. This did not affect HVR at low PET_{O₂}, but it did reduce its range at the high end.

Determination of ventilation, respiratory frequency, and tidal volume responses to hypoxia. In the procedures of data reduction described below, strip-chart records were analyzed to obtain ventilation, respiratory frequency, and tidal volume as functions of PET_{O₂} over the time interval when PET_{CO₂} was held constant. The ventilatory response to progressive hypoxia was characterized as an hyperbola (29), which made it convenient to compute ventilation values at 5-Torr PET_{O₂} intervals for averaging across subjects to obtain group means. Respiratory frequency and tidal volume responses to hypoxia, which are infrequently employed in analysis of respiratory responses to hypoxia, have not been described mathematically. Group mean values at the same 5-Torr PET_{O₂} intervals were obtained by linear interpolation between adjacent measured values.

For each hypoxia run, the portion of the strip-chart record after PET_{CO₂} stabilization was subdivided into 30-s sections. For each section, average (per min) values of expired ventila-

tion, respiratory frequency, and $P_{ET\ O_2}$ were obtained. Paired values (range 6–13 pairs) of ventilation and $P_{ET\ O_2}$ formed a data set from which the mean squared best-fit hyperbola was obtained. All ventilation vs. $P_{ET\ O_2}$ data sets but one converged to hyperbolic functions. For the lone exception (postexposure HVR in 1 of 9 subjects of 1.5-ATA O₂ group), a linear function was used to describe the data. Then, for each O₂ exposure pressure (0.2, 1.5, 2.0, and 2.5 ATA) and for each condition (preexposure, postexposure, follow-up), a group mean HVR hyperbola was obtained by averaging across subjects at $P_{ET\ O_2}$ intervals of 5 Torr. The range of $P_{ET\ O_2}$ values employed for each individual hyperbola was (with few exceptions of limited extrapolation) within the $P_{ET\ O_2}$ range of its HVR determination. Therefore the range of averaged HVR values was limited to that of the subject with the smallest range.

Analogous procedures were carried out for respiratory frequency and tidal volume using interpolated values as described above. When possible, duplicate rebreathing experiments were completed and analyzed. In such cases, their average was employed in obtaining group means.

Hyperbolic representation of HVR. The hyperbolic function has been widely used to describe HVR, and its parameters have physiological interpretation (29)

$$\dot{V} = \dot{V}_0 + \frac{A \dot{V}_0}{P_{O_2} - C}$$

Parameter \dot{V}_0 , the horizontal asymptote, is the (hypothetical) ventilation at infinitely high O₂ tension at the isocapnic P_{CO_2} level. Its value establishes the vertical position of the hyperbola. Parameter C is the low P_{O_2} at which ventilation (\dot{V}) asymptotically approaches infinity, and its value establishes the hyperbola's horizontal position. The value of $A = \dot{V}_0 / C$ or A itself has been related to the "hypoxic ventilatory sensitivity" (shape or curvature) of HVR hyperbola. The curvilinear nature of HVR as a function of P_{O_2} and the difficulties in defining a simple measure of hypoxic ventilatory sensitivity have also been described (29).

Statistical analysis. Hyperbolas were fitted to the ventilation vs. $P_{ET\ O_2}$ data sets by least mean square criteria by using BMDP statistical software. Comparisons of these (post- vs. preexposure, follow-up vs. preexposure) were complicated by the facts that the ranges of $P_{ET\ O_2}$ were too restricted to provide reliable estimates of the asymptotes, and the value of the curvature parameter is highly sensitive to these estimates (29). Postexposure and follow-up curves (data) for ventilation, tidal volume, and respiratory frequency were compared with the preexposure controls at each $P_{ET\ O_2}$ (5-Torr intervals) using a two-way analysis of variance (ANOVA) with repeated measures. Change in curvature or slope (hypoxic sensitivity) of ventilatory parameters was identified by a significant interaction between treatment (measurement condition, i.e., post- vs. preexposure, follow-up vs. preexposure) and $P_{ET\ O_2}$. Post hoc individual comparisons were used to test changes at any specific $P_{ET\ O_2}$. Tests of ANOVA effects were considered significant at $P \leq 0.05$. Significance levels for multiple individual comparisons were adjusted so that overall level was 0.05. Comparisons cited for other data were by paired *t*-test ($P \leq 0.05$).

RESULTS

A total of 122 HVR determinations were made on the 33 subjects represented in this report. The total consisted of 47 each pre- and postexposure and 28 follow-up determinations. Included in the total are 27 duplicate determinations.

Experimental conditions of HVR determinations. Experimental conditions other than hyperoxic exposure pressure and duration, which might influence comparison of postexposure and follow-up ventilatory responses to hypoxia with preexposure controls, include time rate of decrease in $P_{ET\ O_2}$ (dP_{O_2}/dt) and the level of $P_{ET\ CO_2}$ during imposed (controlled) isocapnia. The former has been observed to influence the slope of ventilation vs. arterial O₂ saturation (21), and the latter establishes its horizontal (ventilation) asymptote. Average values of dP_{O_2}/dt (Torr/min) are given in Table 1. None of the small differences in average value (post- vs. preexposure, follow-up vs. preexposure) are statistically significant. Table 3 presents time-averaged values of $P_{ET\ CO_2}$ during controlled isocapnia. None of the small differences in average value (post- vs. preexposure, follow-up vs. preexposure) of the $P_{ET\ CO_2}$ values in Table 3 are statistically significant.

Correspondence of $P_{ET\ CO_2}$ with $P_{a\ CO_2}$ at end of rebreathing. To determine how well $P_{a\ CO_2}$ corresponded to the isocapnic levels of $P_{ET\ CO_2}$, arterial blood samples were obtained at the end of rebreathing in the five subjects of the 1.0-ATA air group and in eight of the nine subjects of the 1.5-ATA O₂ exposure series. For the 1.5-ATA O₂ series, $P_{a\ CO_2}$ at the end of rebreathing and time-averaged $P_{ET\ CO_2}$ over the rebreathing period were (avg \pm SE) 42.7 \pm 0.2 and 42.4 \pm 0.2 Torr before exposures to hyperoxia and 43.1 \pm 0.4 and 42.3 \pm 0.2 Torr after the exposures. The 0.8-Torr postexposure arterial-end tidal difference is statistically significant but is small enough to be unimportant for the related comparisons below. Corresponding (essentially identical) values for the 1.0-ATA air series are 43.5 \pm 0.4 and 43.0 \pm 0.3 Torr (preexposure) and 43.2 \pm 0.3 and 42.8 \pm 0.2 Torr (postexposure).

Correspondence of $P_{a\ O_2}$ with target $P_{ET\ O_2}$. The principal criteria for termination of rebreathing was reduction of $P_{ET\ O_2}$ to the preestablished target value of 40 Torr. The other was any sign that the subject might lose consciousness (none did). Six of the subjects reported dimming of vision during preexposure or follow-up HVR determinations, and none during postexposure determinations.

Rebreathing was stopped before the target $P_{ET\ O_2}$ was reached in some postexposure determinations at subject request, due largely to residual pulmonary discom-

Table 3. Isocapnic levels of end-tidal P_{CO_2} during the HVR determinations

O ₂ Exposure Pressure, ATA	n	Preexposure	Postexposure	Follow-Up
0.2	5	43.06 \pm 0.3	42.86 \pm 0.2	
1.5	9	42.46 \pm 0.2	42.36 \pm 0.2	
1.5	5	42.36 \pm 0.2	42.26 \pm 0.1	43.06 \pm 0.3
2.0	6	42.96 \pm 0.04	43.36 \pm 0.5	42.56 \pm 0.1
2.5	8	42.96 \pm 0.1	42.66 \pm 0.2	42.96 \pm 0.2
2.0 30:30	5	44.56 \pm 0.8	44.56 \pm 0.3	44.16 \pm 0.1

Values are means \pm SE in Torr for *n* subjects. Target end-tidal P_{CO_2} was 42 Torr. None of differences in isocapnic levels of end-tidal P_{CO_2} (post- vs. preexposure, follow-up vs. preexposure) are significant.

fort resulting from pulmonary O₂ poisoning exacerbated by the large tidal volumes during rebreathing. To see how well Pa_{O₂} values corresponded to the targeted end point, the arterial blood samples were analyzed for P_{O₂}. The target value was approximated closely in most subjects. For the 1.0-ATA air series, average \pm SE values of Pa_{O₂} at the end of rebreathing were 43.4 \pm 2.1 Torr (preexposure) and 43.8 \pm 1.2 Torr (postexposure). Corresponding values for the 1.5-ATA O₂ series are 38.1 \pm 1.6 and 41.4 \pm 2.0 Torr.

Effects of continuous O₂ exposures on curvature and position of HVR hyperbolas. Initial evaluation of the effects of the hyperoxic exposures on HVR of individual subjects was by visual inspection and comparison of each postexposure HVR with its corresponding preexposure control. Of 46 matched post- vs. preexposure determinations that could be compared, 45 postexposure curvatures visually appeared at least equal to their preexposure controls. One postexposure HVR of the 2.0-ATA 30:30 series had a markedly flatter curvature than its control. The duplicate postexposure HVR was not flatter than control. It was also evident by inspection that the dominant effect of the toxic O₂ exposures was on the position of HVR hyperbolas, which were elevated to higher levels of ventilation than were their corresponding preexposure controls.

The group-averaged HVRs are shown in Fig. 1, A–E. After 20 h of air breathing at 1.0 ATA (Fig. 1A), the postexposure HVR hyperbola, though virtually identical in position to its preexposure control, has a different degree of curvature (interaction is significant). By inspection, postexposure curvature is slightly greater than is that of its preexposure control. It is also clear that, after the continuous hyperoxic exposures (Fig. 1, B, D, and E), the ventilatory responses to hypoxia are not attenuated compared with their preexposure controls. Interaction is significant only for the 1.5-ATA exposure group of subjects, and the slope of the postexposure hyperbola is greater than its control (Fig. 1B).

All postexposure ventilatory hyperbolas are at higher levels of ventilation than are their preexposure counterparts (Fig. 1, B, D, and E), but the only differences between paired post- and preexposure values of ventilation that are at all significant are values of P_{ET}O₂ for the 1.5-ATA O₂ exposures (Fig. 1B) and that at a P_{ET}O₂ of 40 Torr for the 2.0-ATA O₂ exposures (Fig. 1D). It is of interest that the degree of increased ventilation of the postexposure hyperbolas is inversely related to exposure pressure (Fig. 1, B, D, and E). That this is principally an effect of respiratory frequency is shown below.

All follow-up HVR hyperbolas had returned to preexposure control levels by the time these determinations were made (Fig. 1, C–E). After the 1.5-ATA exposures, five of the nine subjects were available, 6 mo after that series was completed for follow-up HVR determinations (Fig. 1C). These determinations also served as preexposure controls for the 20-h 1.0-ATA air exposures (Fig. 1A, Table 1).

Effects of continuous O₂ exposures on breathing patterns during HVR determinations. Mean values of tidal volume (Fig. 2A) and respiratory frequency (Fig. 3A) responses to hypoxia were not significantly different from control values after 20-h air breathing at 1.0 ATA. Also after O₂ exposures, the pre- vs. postexposure tidal volume differences at corresponding values of P_{ET}O₂ (Fig. 2, B, D, and E) are not statistically significant. Differences in mean values between follow-up and preexposure tidal volumes (Fig. 2, C–E) are not significant. Interaction is significant only for the follow-up vs. preexposure tidal volume differences of the 2.0-ATA O₂ exposure group, with follow-up curvature less than control (Fig. 2D).

Differences in mean values between follow-up and preexposure respiratory frequencies (Fig. 3, C–E) are not significant. Interaction is significant only for the follow-up vs. preexposure respiratory frequency differences of the 2.0-ATA O₂ exposure group, with follow-up curvature greater than control (Fig. 3D). With follow-up respiratory frequency curvature greater than control and follow-up tidal volume curvature less than control, follow-up ventilation curvature is the same as control (Fig. 1D).

In marked contrast to tidal volume differences, the differences between post- and preexposure respiratory frequency responses to progressive hypoxia are almost all significant (Fig. 3, B, D, and E). The only exceptions are the differences at P_{ET}O₂ values of 70, 75, and 80 Torr of the 2.5-ATA O₂ exposures (Fig. 3E). Interaction is significant for the post- vs. preexposure respiratory frequency differences of both the 2.0- and 2.5-ATA O₂ exposure groups, with postexposure curvatures greater than their controls (Fig. 3, D and E).

Results for intermittent exposures at 2.0 ATA. There were no statistically significant effects of the intermittent 30:30 O₂-normoxic pattern exposures (post- vs. preexposure control) on ventilation, tidal volume, or respiratory frequency differences at any P_{ET}O₂ (Figs. 1F, 2F, and 3F). All average follow-up values of tidal volume are smaller than their preexposure controls, and the overall difference is significant, but individual differences are not (Fig. 2F). Follow-up values of respiratory frequency (Fig. 3F) are slightly larger than controls by \approx 2 breaths/min. The differences between follow-up and control values of ventilation are significant at P_{ET}O₂ values of 40 and 45 Torr, and interaction is significant for these ventilation differences, with follow-up curvature less than control (Fig. 1F).

Differences in respiratory frequency as a function of O₂ exposure time. As stated previously, most postexposure respiratory frequencies after continuous hyperoxia are significantly larger than their preexposure counterparts. By inspection of Fig. 3, B, D, and E, it is evident that the post- vs. preexposure differences decrease as the toxic O₂ exposure pressure increases and O₂ exposure time decreases. To examine this relationship further, the frequency differences at a fixed P_{ET}O₂ of 50 Torr have been plotted against total O₂ exposure time in Fig. 4, where each data point is identified with

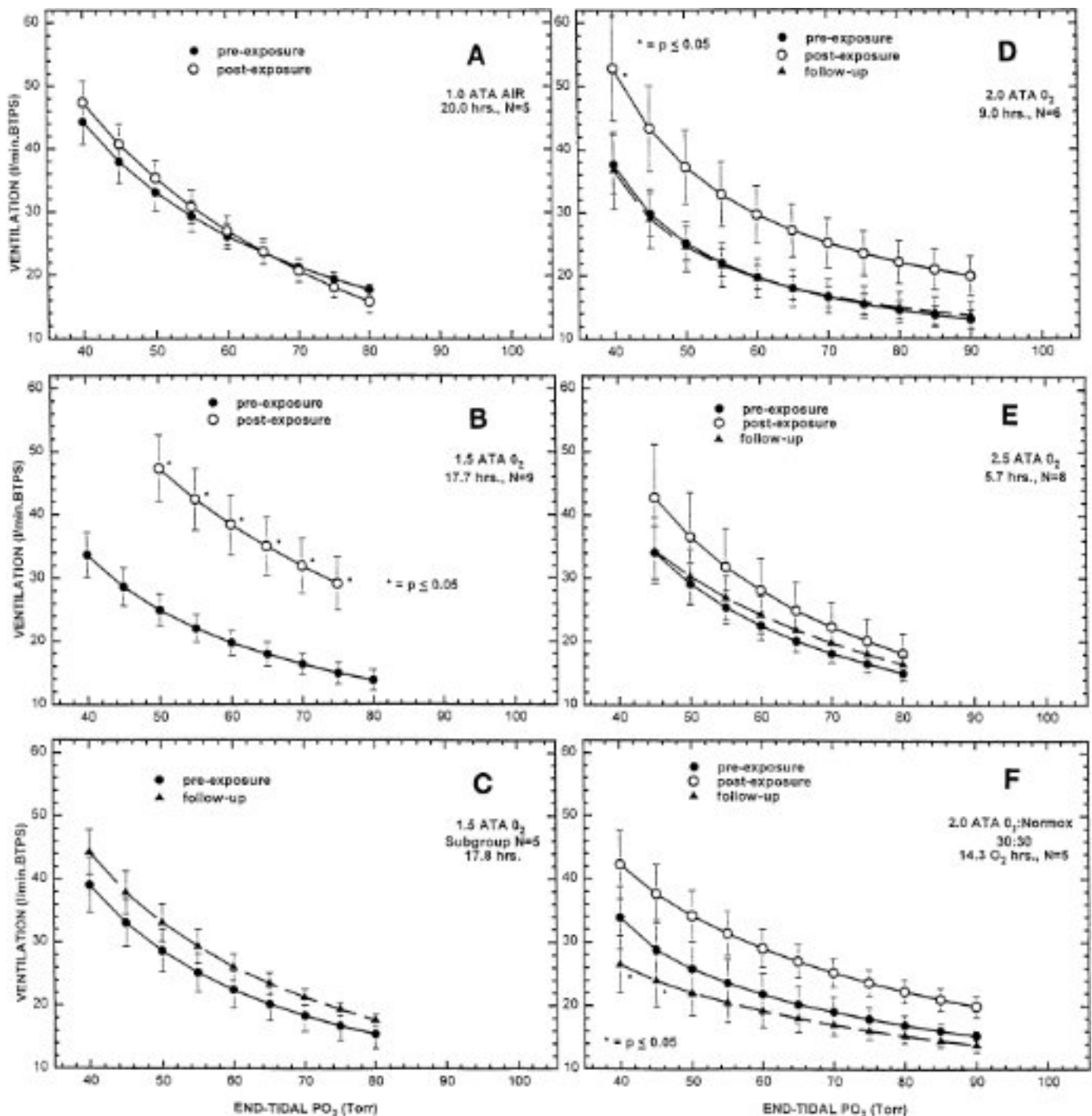


Fig. 1. Ventilatory responses to progressive isocapnic hypoxia for O₂ exposure pressures of Predictive Studies (PS)-V and -VI. 30:30, 30 Min O₂-30 min normoxia (Normox). Mean values \pm SE. * Significant differences between post- and preexposure ventilations and between follow-up and preexposure ventilations. Interaction is significant for 1.0-ATA air and 1.5-ATA O₂ post- vs. preexposure comparisons and for 2.0-ATA 30:30 follow-up vs. preexposure comparisons.

its exposure pressure. The solid line is the linear regression through the three continuous O₂ exposure points, which lie extremely close to it. The data point for the intermittent O₂ exposure at 2.0 ATA is shown for comparison with the continuous 2.0-ATA exposure. The former represents a smaller difference in respiratory frequency with a greater O₂ exposure time (14.3 O₂ h)

compared with continuous O₂ exposure time (9.0 O₂ h) at the same pressure.

DISCUSSION

It is obvious by inspection of Fig. 1 that the abolition or attenuation of chemoreflex HVR reported to occur in animals after exposure to 100% O₂ at 1.0 ATA (22) and

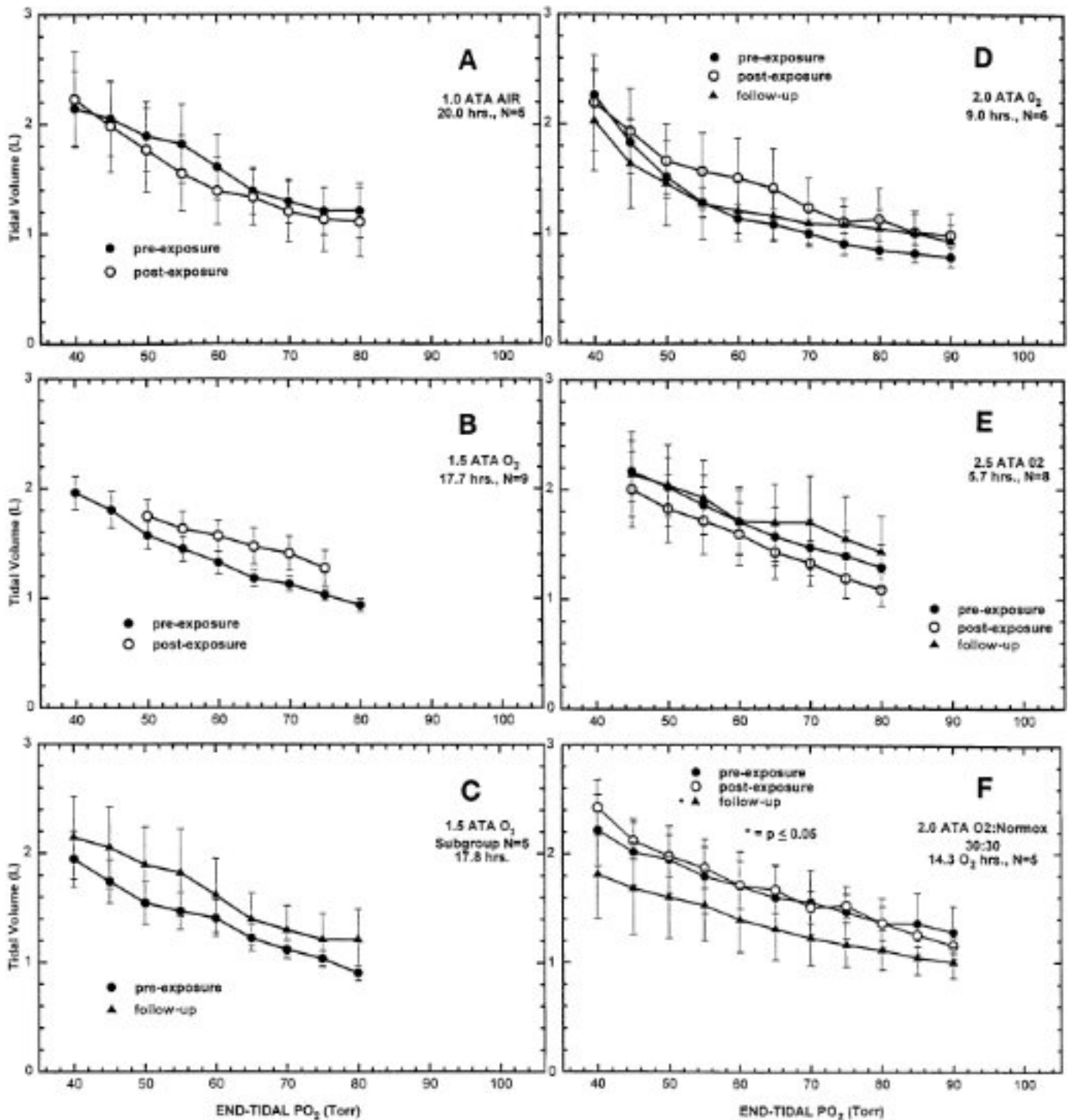


Fig. 2. Tidal volume responses to progressive isocapnic hypoxia for O₂ exposure pressures of PS-V and -VI. Mean values \pm SE. Only overall difference between follow-up and preexposure tidal volumes for 2.0-ATA 30:30 exposures is significant; individual differences are not (indicated by * at follow-up symbol label). Interaction is significant for 2.0-ATA O₂ follow-up vs. preexposure comparisons.

at elevated pressures (1, 27, 32) did not occur in the human subjects of these studies even after severe exposures at toxic O₂ pressures of 1.5, 2.0, and 2.5 ATA. Rather than abolition or attenuation of hypoxic ventilatory sensitivity, postexposure ventilatory hyperbolas had the same (Fig. 1, D–F) or greater (Fig. 1B) curvature than their preexposure controls. The in-

creased curvature after the 17.7-h 1.5-ATA O₂ exposures (Fig. 1B) could have the same cause as the similar increase in curvature that followed the 20.0-h 1.0-ATA air “exposures” (Fig. 1A). The basis for this reversible increase in hypoxic ventilatory sensitivity (Fig. 1C), which may be unrelated to O₂ exposure, is not known. The follow-up HVR after the 2.0-ATA 30:30

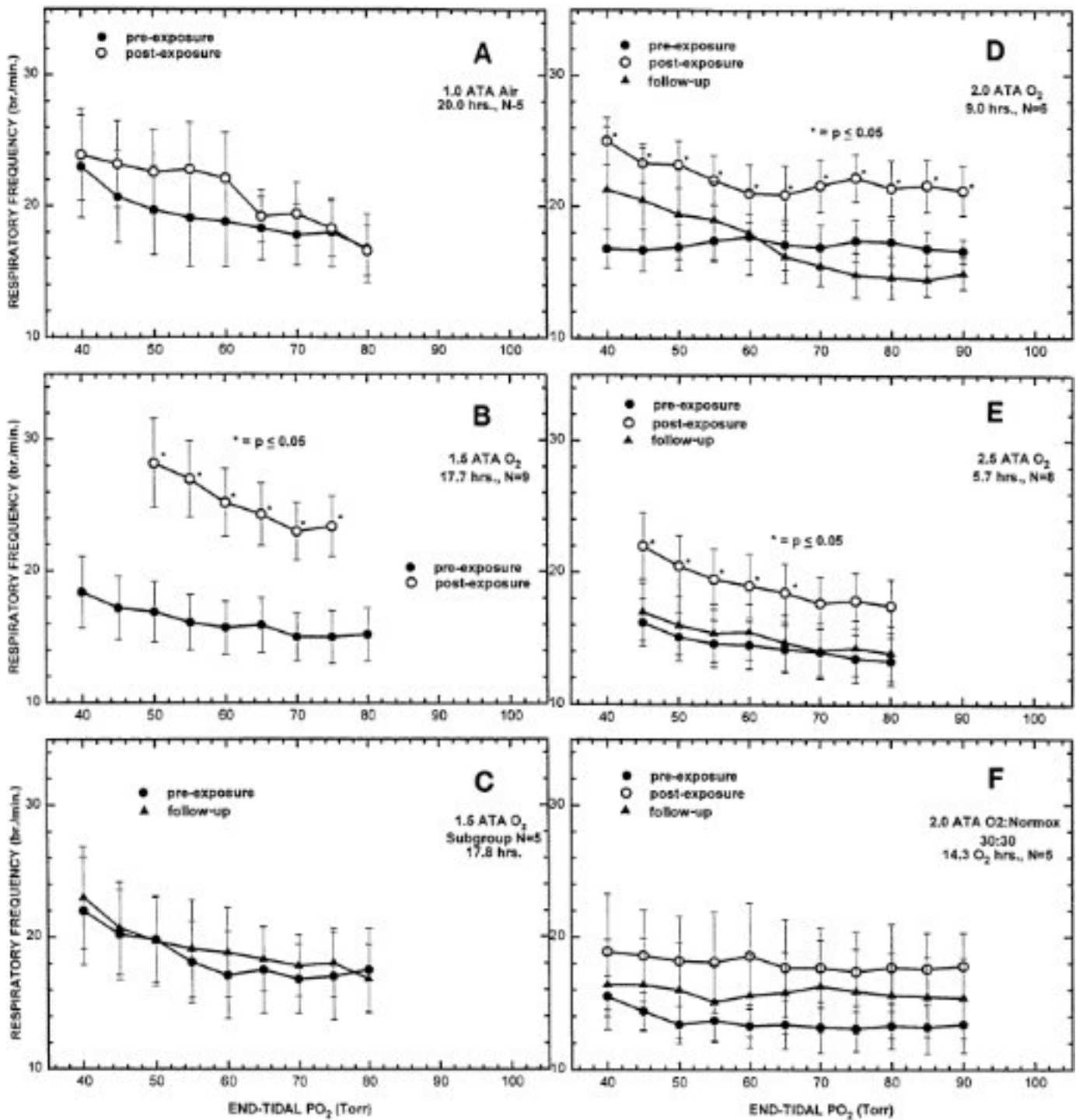


Fig. 3. Respiratory frequency response to progressive isocapnic hypoxia for O₂ exposure pressures of PS-V and -VI. Mean values \pm 6 SE. br. Breaths. Only differences between post- and preexposure respiratory frequencies are significant (indicated by *). Interaction is significant for 2.0- and 2.5-ATA O₂ post- vs. preexposure comparisons and for 2.0-ATA O₂ follow-up vs. preexposure comparisons.

exposures represents the single instance of reduced hyperbolic curvature observed here. Its basis is also unknown but may be related to sleep deprivation, which (for a period of 24 h) reduced HVR by 29% (l·min⁻²¹·%saturation⁻²¹) (33). The subjects of this phase of the investigation could sleep only intermittently during the , 35-h period from the start of preexposure measure-

ments to the end of postexposure measurements. The amount and nature of their sleep in the , 16-h period between the end of postexposure measurements and the follow-up measurements was not recorded. It is conceivable that residual consequences of an extended period of interrupted sleep may reduce HVR in the same way as does sleep (6) and sleep deprivation (33).

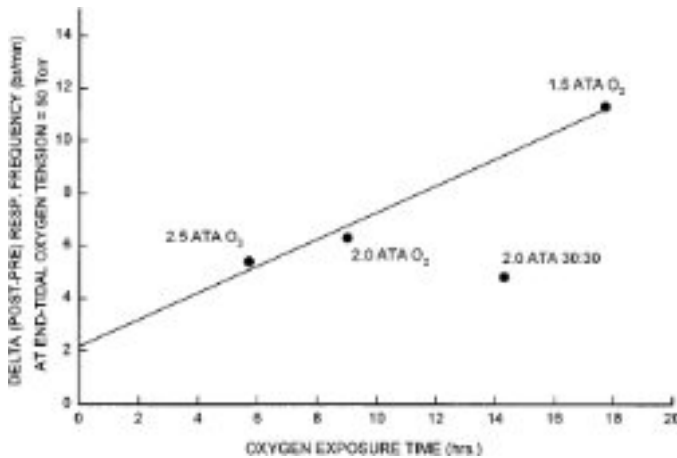


Fig. 4. Upward displacement (elevation) of postexposure respiratory frequency (f) responses to hypoxia above their preexposure controls, measured at end-tidal P_{O₂} of 50 Torr vs. O₂ exposure time. Solid line is linear regression through 3 points representing continuous O₂ exposures. Regression equation ($r^2 = 0.9839$) is $\Delta f = 2.12 t - 0.51$ (O₂ h).

The upward displacements of the postexposure ventilatory hyperbolas were due to upward displacements of postexposure respiratory frequency responses to hypoxia, not to effects on tidal volume (Figs. 1–3). These respiratory control effects of exposure to elevated pressures of O₂ had almost entirely disappeared by the time follow-up HVR determinations were made. Analogous effects on the position of the hyperbolic relationship between the firing rate of the carotid sinus nerve and progressive isocapnic hypoxia in cats, as affected by potassium and norepinephrine, have been described (17).

Experiment conditions of HVR determinations. Factors other than the exposure to hyperoxia, which could affect the comparisons of postexposure and follow-up ventilatory responses to hypoxia with their preexposure controls, include differences in the rate of decrease of P_{ET}O₂ during imposed isocapnia and differences in the isocapnic levels of imposed P_{ET}CO₂ achieved. Rate of decrease in P_{ET}O₂ has been shown to affect the slope of the relationship between ventilation and O₂ saturation of arterial blood (21). This can be ruled out as a factor in the current investigations, since there are no significant differences between corresponding pre- and postexposure and follow-up values of dP_{O₂}/dt (Table 1). Differences in isocapnic levels of P_{ET}CO₂ would affect the horizontal asymptotes of the ventilatory response to hypoxia. This is also not a factor in the current comparisons, since levels of controlled isocapnia within each exposure series are the same (Table 3).

Potential causes of increased postexposure respiratory frequency. It is significant that the postexposure HVR increments in ventilation are due principally to increments in respiratory frequency (Fig. 3), rather than in tidal volume (Fig. 2), since the normal ventilatory response to hypoxia in humans is largely an effect on tidal volume (7). The basis for these upward shifts of postexposure respiratory frequency responses to hyp-

oxia (Fig. 3, B and D–F) is not known. Several possibilities are considered below.

Nonspecific effects related to pulmonary O₂ poisoning. The underlying cause of the observed ventilatory changes may be nonspecific, possibly related to the development of pulmonary O₂ poisoning during the exposure to hyperoxia from which recovery was gradual after exposure termination (3). The 1.5-ATA O₂ exposures, which had the largest increments in postexposure respiratory frequency responses to hypoxia (Figs. 3 and 4), also had the shortest (1.9 h) time lapse from the end of O₂ breathing to postexposure HVR determinations (Table 2) and were associated with only partial recovery from decrements in vital capacity at that time (3). The 2.0- and 2.5-ATA O₂ exposures, which had markedly smaller increments in postexposure respiratory frequency (Figs. 3 and 4), also had longer time lags to HVR determinations (Table 2) and more complete recovery from decrements in vital capacity when HVR determinations were made (3).

Other pulmonary effects of the exposures to hyperoxia were also seen (3). Alveolar-arterial O₂ differences measured during light exercise were elevated only after the 1.5-ATA exposures. Pulmonary diffusing capacity for carbon monoxide was significantly reduced by 8–11% after continuous O₂ exposure at each of the three pressures. Specific lung compliance was reduced by 22% after the 1.5- and 2.0-ATA exposures. These and possibly unobserved effects of pulmonary O₂ poisoning may have been associated with concurrent sensitization of tracheobronchial irritant receptors and/or lung J receptors (see Ref. 34 for a review).

Tracheobronchial irritant receptors can be sensitized or stimulated by pulmonary congestion and edema, which can cause tachypnea. J receptors respond to increased interstitial fluid and released mediators with rapid, shallow breathing (34). Physical examinations and chest X-rays did not detect evidence of pulmonary edema in subjects who had similar degrees of pulmonary O₂ poisoning in prior investigations (4, 28). However, potentially more sensitive methods provide indications of increased alveolar-capillary permeability, even with O₂ exposures (5, 16) that are less severe than those employed in PS-V. The hypoxia-induced hyperventilation during HVR determinations could have stimulated sensitized pulmonary receptors, causing or contributing to the observed elevation of postexposure respiratory frequency responses to hypoxia.

Figure 4 is consistent with duration of O₂ exposure, not exposure pressure, as the dominant factor in the increments of postexposure respiratory frequency responses to hypoxia. If indirect effects of pulmonary O₂ poisoning are in whole or in part responsible for the observed effects on respiratory frequency, time for development of O₂ toxic effects and reactions to them, rather than exposure pressure, appear to be the important factor.

Relationship to respiratory control factors. Post-O₂ exposure effects analogous to those documented here for HVR were seen as well for the hypercapnic ventilatory response. These were determined by rebreathing

in an O₂ background at 1.0 ATA closely after HVR determinations. Mean values of slope measured postexposure were larger than their preexposure controls after the 1.5, 2.0, and 2.5-ATA O₂ exposures by 56, 20, and 54%, respectively (12), and they were displaced to higher levels of ventilation than their controls (unpublished observations of PS-V). Both the increased slopes and the displacements were influenced more by enhanced respiratory frequency responses to CO₂ than by corresponding tidal volume responses. Increased sensitivity of CNS or peripheral chemoreceptors to CO₂ would have the potential to interact with the postexposure HVR, since HVR determinations were made with P_{ET}CO₂ slightly above eucapnic levels. However, the observed effects on the hypercapnic ventilatory response may have the same basis as the changes seen in HVR.

Residual spontaneous hyperventilation after prolonged voluntary hyperventilation-hypocapnia has been reported (8). This is of interest here, since the subjects of these investigations had extended periods of mild hyperventilation and associated mild arterial hypocapnia, which accompanies the onset of hyperoxia (24) and persisted throughout the current prolonged exposures to high O₂ pressures (14). However, voluntary hyperventilation during air breathing as well as hyperventilation during acclimatization to altitude is accompanied by central alkalosis, whereas hyperventilation induced by hyperoxia is related to altered CO₂ transport with associated increases in brain P_{CO₂} and H⁺ concentration (24). Thus a compensatory CNS acid-base shift in response to sustained alkalosis, which has been considered a possible cause of both residual spontaneous hyperventilation after voluntary hyperventilation and sustained hyperventilation at altitude (see Ref. 8), does not apply to this study. However, peripheral chemoreceptors and other systemic organs were exposed to sustained arterial hypocapnia during each O₂ exposure. This was associated with a significant reduction in arterial HCO₃⁻ concentration from 23.1 to 21.7 meq/l, respectively, at the start and end of the 1.5-ATA exposures (unpublished observations of PS-V). The respiratory control consequences of peripheral chemoreceptor exposure to sustained hypocapnia in a hyperoxic background have apparently not been studied.

Although there was prolonged mild hyperventilation and arterial hypocapnia during the O₂ exposures, Pa_{CO₂} had returned to preexposure normocapnic levels by the time the postexposure HVR determinations were made. For all exposures, Pa_{CO₂} was measured with the subjects at rest breathing air in a laboratory room during determinations of alveolar-arterial O₂ differences with which HVR determinations were grouped. There were no significant differences between the pre- and postexposure values of Pa_{CO₂} (unpublished observations of PS-V).

Effects of O₂ poisoning might have modified respiratory frequency determining networks located in the central nervous system. The inspiratory duty cycle (%T_I = T_I/T_{tot}, where T_I is inspiratory duration and T_{tot} is total breath duration) decreased progressively

with O₂ exposure time, at a rate roughly proportional to O₂ exposure pressure (9). However, the smallest effects on %T_I were seen during the 1.5-ATA O₂ exposures, the exposure pressure associated with the largest effects on respiratory frequency.

After human subjects breathed 100% O₂ at 1.0 ATA for 10 min, an augmented ventilation in response to sustained isocapnic hypoxia (20) and significant enhancement of HVR in 7 of 14 subjects studied (19) have been reported. The augmented ventilation (20) was due to increases in tidal volume, not frequency, and the enhanced HVR (19) was ascribed to unmasking (by prior O₂ breathing) of "ambient air hypoxic ventilatory depression." Neither of these observations applies to the present results, since the periods of O₂ exposure were so brief.

Comparison of effects of continuous and intermittent hyperoxia at 2.0 ATA. Although the O₂ breathing duration of the 2.0-ATA intermittent 30:30 exposures (14.3 h) was considerably longer than the O₂ breathing duration of the 2.0-ATA continuous O₂ exposures (9.0 h), the post- vs. preexposure difference in respiratory frequency at P_{ET}O₂ 5–50 Torr (Fig. 4) is smaller for the intermittent O₂ exposures than it is for the continuous ones. This amelioration of an effect of O₂ poisoning is consistent with previous observations that intermittent hyperoxia slows the rate of development of O₂ toxicity (18, 25).

Comparison with results of animal experiments. The current results represent the only human data of this kind that is known to the authors. Other investigators, using cats and rats in a variety of exposure conditions, had mostly different results. After exposures of cats to 100% O₂ at 1.0 ATA for 60–67 h, there was virtual flattening of the carotid body's chemosensory responses to graded, isocapnic hypoxia (22). These experiments differed from those of the present investigations in that the exposure duration was nearly lethal for the cats. Shorter exposures (1.5–2.25 h) at a higher O₂ pressure (5.0 ATA) by the same group had no effect on cat HVR (30). In experiments on rats, graded, reversible reduction of the transient ventilatory response to several breaths of hypoxic gas was found after exposures to hyperoxia over a range of pressures and durations comparable to those of this report (1, 27, 32). The degree of reduction in ventilation was proportional to both the O₂ exposure pressure and the exposure duration and was due chiefly to a reduction in respiratory frequency.

It is conceivable that the disparity between results in animals and humans is a consequence of a hypothetical rapid reversal in humans of HVR attenuation that might have occurred during the time interval between cessation of O₂ breathing and HVR determinations (Table 2). However, this is highly unlikely, since the effects observed in the animals were not rapidly reversed after cessation of O₂ breathing. As stated by the authors of the rat studies, the ventilatory response to hypoxia was measured in some animals immediately after cessation of hyperoxia, while in others it was

determined up to "a few hours" afterward (1). They found no correlation of results to time of measurement. Furthermore, reversal of effects in the rats occurred over several days (32). Although there was no interruption in O₂ breathing by the cats while they were prepared for experimental procedures (22), the blunting of hypoxic chemosensitivity in these animals did not recover during the 5- to 7-h post-O₂ exposure measurement period (S. Lahiri, personal communication).

The basis for the observed discrepancies in results of the animal and human studies is not evident. However, it is clear that the results in animals do not apply to humans. For the cats, the dissimilarity may be related to the differences in exposure conditions, whereas, for the rats, there are major contrasts in experimental procedures. Reduced respiratory frequency was seen during transient hypoxic ventilatory response determinations in the rats (1, 27, 32), whereas elevated respiratory frequency was observed in HVR determinations in humans.

Summary and conclusions. O₂ poisoning did not attenuate the hypoxia-sensing function of the carotid body in men after exposures that induced prominent toxic effects on pulmonary function. The hyperoxic exposures approached the limits of human CNS and pulmonary O₂ tolerance at 1.5, 2.0, and 2.5 ATA. By inference, these exposures to O₂ poisoning did not significantly impair the functions of other elements in the respiratory control loop, such as transmission of impulses from the carotid body to the CNS, their integration into the composite respiratory act, or transmission to and activation of the respiratory musculature. The observations also show that the postexposure elevation of mean values of ventilation was due to temporary elevation of respiratory frequency responses to hypoxia above their preexposure controls, possibly related indirectly to effects of pulmonary O₂ poisoning.

Implications. The current practical uses of hyperoxia in hyperbaric O₂ therapy and diving- and aerospace-related operations are guided by and are well within the exposure durations and pressures employed in these investigations.

The authors acknowledge the dedication of the volunteer subjects who participated in these studies, which was a component of a multiyear investigation of human organ system tolerance to continuous and intermittent hyperoxia (Predictive Studies V and VI). C. Hires and V. Tecco provided expert technical assistance in pressure chamber operations and logistical support. E. Cook, J. Bookspan, and E. Kuk assisted with data reduction and processing.

These investigations were supported in part by Naval Medical Research and Development Command Contracts N00014-81C-0826 and N0001488-K-0169, National Aeronautics and Space Administration Grant NAS9-17238, and Grant 52, the Benjamin Franklin Partnership of the State of Pennsylvania. All detailed results and analyses are maintained within the Environmental Biomedical Research Data Center, Institute for Environmental Medicine.

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Received 3 April 1997; accepted in final form 5 September 1997.

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